

Admission Criteria

To be admitted to the Fraserdale Long Stay Program, individuals must meet the following admission criteria:

- Be willing to participate in an Individual Recovery Plan
- Have a case manager
- Be receiving Persons with Disabilities (PWD) Benefits
- Attend a minimum of one in-house program
- Be 19 years of age or older
- Be medically and psychiatrically stable
- Be physically able to climb stairs
- Not have current drug or alcohol issues
- Not demonstrate the likelihood of violent or aggressive behaviour



Referral Process

To be considered for admission to the Fraserdale Long Stay Program, individuals must have a HART referral submitted on their behalf to the following people:

- Burnaby SHARP Coordinator, Todd Bass
- Fraserdale Program Supervisor, Pat England

For more information, or to schedule a tour of Fraserdale, or to submit a referral, please contact the Fraserdale Program Supervisor at 604-299-5253.

About Fraserside

Fraserside is inspired to create communities of belonging where the diversity of all people is welcome.

We are a multi-service agency that supports people needing housing, seeking work, and/or living with developmental disabilities, mental health or substance use issues, or low income.

Our focus is New Westminster and neighbouring communities.

For more information about our programs and services, please visit:

fraserside.bc.ca



Fraserdale Long Stay Program

We believe that people belong when they have a home and when they are in relationships with one another.

What is Fraserside's Fraserdale Long Stay Program?

Fraserside's Fraserdale Long Stay Program is a registered Assisted Living program for seven adults with mental health challenges to maintain an optimal level of independence for up to 18 months. The program is funded by Fraser Health.

The program delivers two personal assistance services (referred to as prescribed services): medication services and psychosocial supports. In addition, the program provides a supportive home environment to help residents:

- Learn about and better manage their mental health conditions
- Develop life skills that enable them to maintain housing
- Enhance their communication and interpersonal skills
- Develop healthy relationships

Staff supports are available 24 hours a day, seven days a week.



Supports & Services

Residents admitted to the Fraserdale Long Stay Program are expected to participate in a *minimum of one* of the following in-house programs:

Life Skills & Recovery-Based Programs

- Cooking and baking
- Housekeeping and laundry
- Budgeting workshops
- Basic FoodSafe skills
- Free or low-cost community resource sessions
- Self advocacy courses
- Wellness recovery planning workshops

Social and Leisure

- Diversity & Inclusion social group
- Game nights and movie nights
- Crocheting and knitting
- Acrylic painting and modeling clay art
- Bocci ball

Community Supported Recreation

- Bowling
- Swimming
- Picnics
- Walking groups

Program Principles

The Fraserdale Long Stay Program delivers supports and service in alignment with principles of the Assisted Living Registry as per the *Community Care and Assisted Living Act* of British Columbia:

- Choice
- Privacy
- Independence
- Individuality
- Dignity
- Respect

